

Forgiving - Forgiveness



1. Why do we find forgiving so hard?
2. How seriously does Jesus take our need to forgive? Look at Luke 7:36-50. What else did Jesus say or model about forgiveness?
3. What do you think of the stages of forgiveness as suggested by Lewis Smedes?
 - a. We hurt
 - b. We hate
 - c. We heal
 - d. We reach out for restoration
4. Sometimes it is ourselves we need to forgive. Sometimes it is God. How can we do that?
5. How can we help each other with the process of forgiveness (that doesn't include instructing someone to forgive, before they are ready.)

Pray for healed hearts and transformed lives through the work of the Holy Spirit in us.